

## Update Regional Audit of the Mastitis Guidelines 2010–2011

Thank you for your continued support with this audit. We are grateful for all the GPs, health visitors, midwives and voluntary breastfeeding supporters who have participated so far. We would like to keep you updated with the progress at the midway point.

We have 65 cases referred to us but we are aiming for 150 cases by Feb 2011.

- 74% of mothers present when their babies are  $\leq 4$  weeks old
- 80% of referring healthcare professionals are aware of the GAIN guidelines
- 62% present to a healthcare professional within 24 hours
- 66% are prescribed the appropriate ( type and dosage) antibiotics
- 31% are prescribed antibiotics for the appropriate duration (10-14 days)
- 5% develop complications such as breast abscess

Please continue to

1. Check with breast feeding mothers at each visit as to whether they have any problems with mastitis and ensure that they have a copy of the patient leaflet which can be downloaded from the GAIN website (see below)
2. Refer to the GAIN guidelines on the management of mastitis on line at <http://www.gainni.org/Library/Guidelines/GAIN%20Mastitis%20Guidelines.pdf>
3. Obtain patient consent for participation in the audit and send the completed form to:  
Helen McIlroy  
Breast Feeding Coordinator  
Royal- Jubilee Maternity Hospital  
Grosvenor Road, Belfast BT12 6BA  
The referral and consent form can be downloaded from the GAIN-NI website at [http://www.gain-ni.org/Tools/Audit\\_Tools/index.asp](http://www.gain-ni.org/Tools/Audit_Tools/index.asp)
4. Sign post any patients who have had mastitis to the community midwife or health visitor for follow up.